



Allergen Matrix

Dartington Spring Menu 25



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J- Roasted Vegetable & Tomato Pasta Bake, Focaccia & Peas					✓ <i>Wheat</i>		✓		✓					?
J - 5 Bean Chilli, Rice & Sweetcorn													✓	
J - Apple Crumble & Custard					✓ <i>Oats, Wheat (Barley*, Rye*)</i>		✓							?
J - Beef Bolognese, Garlic Focaccia, Carrots & Cabbage					✓ <i>Wheat</i>				✓				✓	?
J - Beef Lasagne, Garlic Focaccia, Peas & Sweetcorn			?		✓ <i>Wheat</i>		✓		✓				✓	?
J - Blueberry Muffin			✓		✓ <i>Wheat</i>									?
J - Breaded Fish, Chips & Beans				✓					✓					
J - Breaded Fish, Chips & Peas				✓					✓					



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Broccoli & Cauliflower Cheese Bake, Roast Potatoes, Carrots, Cabbage & Gravy							✓						✓	
J - Cauliflower & Butternut Curry & Chips					?	(Wheat*)			✓				✓	
J - Cheese & Bean Pasty, Chips & Beans					✓	Wheat	✓							
J - Cheese & Bean Pasty, Chips & Peas					✓	Wheat	✓							
J - Cheesy Wheels, Pasta & Salad Sticks			✓		✓	Wheat	✓		✓					?
J - Chicken Biryani, Naan & Broccoli					✓	Wheat			✓				✓	
J - Chipolata Sausages, Mash, Carrots, Broccoli & Gravy													✓	
J - Chocolate Courgette Cake			✓		✓	Wheat								?
J - Chocolate Krispie Cake					✓	Barley	✓							?
J - Creamy Chicken & Pesto Pasta Bake, Focaccia & Peas					✓	Wheat	✓		✓				✓	?
J - Custard Cookie			?		✓	Wheat	✓							?



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Fruit Platter														
J - Fruity Flapjack					 Oats (Barley*, Rye*, Wheat*)									
J - Ice Cream Pot														
J - Jacket Potato, Beans & Salad														
J - Jacket Potato, Cheese & Salad														
J - Jacket Potato, Cheese, Beans & Salad														
J - Jacket Potato, Tuna Mayo & Salad														
J - Jelly & Fruit														
J - Lemon Drizzle Cake					 Wheat									
J - Macaroni Cheese, Bacon, Garlic Focaccia & Salad Sticks					 Wheat									
J - Macaroni Cheese, Garlic Focaccia & Salad Sticks					 Wheat									



Celery



Crustaceans



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SO2



Soya

J - Meatballs & Tomato Sauce, Pasta & Peas														
J - Pulled Roast Beef, Roast Potatoes, Seasonal Vegetables & Gravy														
J - Raspberry Shortbread														
J - Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy														
J - Roast Pork, Roast Potatoes, Gravy, Carrots & Cabbage														
J - Rocket Lolly														
J - Sandwich - 50/50 - Cheese														
J - Sandwich - 50/50 - Egg Mayo														
J - Sandwich - 50/50 - Ham														
J - Sweet & Sour Battered Chicken, Rice & Sweetcorn														
J - Sweet Potato & Lentil Curry With Vegetable Rice & Naan														

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J - Vegetable Fajita, Pasta & Peas					✓ Wheat		✓		✓					?
J - Vegetable Lasagne, Garlic Focaccia, Peas & Sweetcorn			?		✓ Wheat		✓		✓				✓	?
J - Vegetable Nuggets, Chips & Baked Beans					✓ Wheat									
J - Vegetable Wellington, Roast Potatoes, Vegetables & Gravy					✓ Wheat								✓	
J - Vegetarian Bolognese, Penne Pasta, & Seasonal Vegetables					✓ Wheat				✓				✓	✓
J - Vegetarian Sausage, Mash, Seasonal Vegetables & Gravy					✓ Wheat								✓	
Roasted Root Crumble, Roasted Potato, Seasonal Veg & Gravy					✓ Oats, Wheat (Barley*, Rye*)		✓						✓	?
Sweet Chilli Salmon Noodles, Salad Sticks				✓	✓ Wheat								✓	✓