

PE & SPORTS GRANT INFORMATION 2022/2023



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Academy	Dartington CofE Academy
PE & Sports Grant Allocation September 2022– July 2023	£18,010

**Spending Overview :**

RationaleThe Learning Academy Partnership is dedicated to delivering high quality PE & school sport to all children. We aim to raise standards in PE and equip the children with the desire, skills, knowledge and understanding necessary to lead a healthy lifestyle.

ACTIVITY	COST £	FUNDING CONTRIBUTION	IMPACT SOUGHT	OUTCOME OF FUNDING
<b>To improve the teaching and learning of PE across the school</b>	£8031	£8031	<p>To develop the quality of existing PE teaching through continuing professional learning in PE for staff. Teachers will have raised confidence and knowledge and understanding in teaching PE from a model of peer teaching and lesson study supported by PE specialists, and teachers from Kinetic Sports. This will cover Year B of our rolling curriculum.</p> <p>This will result in empowering all primary students to improve their health, skills and physical literacy, and have a broader exposure to a range of sports.</p>	<p>With weekly coaching and a model of peer teaching from Kinetic Sports PE specialists this year, the teachers confidence and knowledge of how to plan and teach blocks of lessons in PE has improved. The audit at the beginning of the year showed that teachers did not feel confident in teaching aspects of the curriculum such as Dance and Gymnastics. This has been prioritised this year with all teachers getting peer teaching and coaching to support their planning understanding and delivery. 98% of teachers fed back that they felt more confident and all teachers have successfully led their own blocks of PE alongside.</p> <p>The increase of high quality PE sessions has meant that the skills and knowledge has improved greatly in the children and as a result, they are making more progress which can be seen in the interaction and level of sportsmanship during lessons and in internal</p>

			<p>Staff CPD sessions, including access to high quality planning, for teachers on specific areas from their PE audit where needed.</p> <p>Promotion of healthy lifestyles through eating, keeping safe and physical fitness and raising self-esteem. To assist schools, parents and children in understanding and valuing the benefits of high quality PE and sport, including its use as a tool for whole school improvement.</p>	<p>assessments of the children. It has raised the profile of physical activity and kick started healthy active lifestyles. The number of teaching sessions have increased across the school Curricular PE sessions delivered: 208 (12 sessions per week)</p> <p>We have increased the selection of sports offered on the curriculum to inspire the children this year. The results of this can be seen in the pupil questionnaire with only 7% of children feeling like the sports opportunities were not provided by the school. This was a large rise from 16.6% in 2022.</p> <p>Intervention sessions delivered: 338 (13 per week) The impact of this provision this year and targeted intervention sessions has been the progress of the children across the school. End of year teaching assessments show that 92% of children are working at expected in active and competence levels and 23% are exceeding age expectations which has risen from last year.</p> <p>Through pupil conferencing, we have been able to see that children are able to talk more confidently about healthy lifestyles. The children we spoke to could discuss the Eat well plate and how important exercise is for mental health and wellbeing too.</p> <p>Lunchtime clubs are in place to provide specialist provision and supported lunch activities for vulnerable pupils. They have a safe, quiet place to eat their food and then have structured activities led by an adult, enabling them to ensure they are well nourished and benefitting from a healthy and balanced meal and exercise daily. The impact of this is the number of dysregulation incidents at lunchtime have reduced. This has also improved transitions for children going back into class.</p>
<p>Kinetic lunch club sports provision to improve activity levels, intra sport competition and sportsmanship</p> <p>2x weekly sessions</p>	<p>£3224</p>	<p>£3224</p>	<p>2x weekly lunchtime sports sessions with a sports coach to raise the levels of activity in school at lunch and break times, teach children to play with each other, introduce the children to competition at all levels and train pupils as sports leaders across the school for sustainability.</p>	<p>Active sessions have been set up twice a week to encourage more children to have active lunchtimes.</p> <p>In feedback from the pupil voice survey last year as well as school council meetings, the children told us that they would like to improve playtimes so that there was more choice for sporting activities as well as opportunities for adult facilitated play. Our school monitoring had</p>

			<p>Preparation of 3 sports zones each lunch session: low intensity/no competition, light intensity with small competition and high intensity with high competition.</p> <p>Active monitoring and encouragement for children to access the sports areas and participate in intra sports games.</p> <p>Sports coach to work with focus group assigned by the school PP/SEND/Girls/PLAs as well as PHAs taking them for high intensity games e.g basketball to develop their competition skills Targeting of PP children would take high priority to ensure that they are accessing active clubs inline with their peers. This will help to close the physical attainment gap in the school.</p> <p>These sessions would be timetabled into the classroom activities so that play leaders would play an important role raising the profile of physical activity and safe play at break times too.</p>	<p>shown that most of our behaviour logs were created from friendship fall outs in the playground and this linked to the assessment from teachers that children struggled to regulate their emotions during playground football or team games. However, since we implemented this provision this year, we have seen a marked difference. It has lowered the amount of lunchtime behaviour logs and children have fed back that they enjoyed the more structured games which enabled them to engage in light competition but with an adult there to ensure that it was 'fair' and to support them through the event of not winning. As a result, we have also seen a decrease in the amount of dysregulation of children returning to class.</p> <p>Because these have been carefully planned into the term alongside the curriculum, it has given the children another opportunity to practise the skills from modules covered such as invasion games or athletics. This consolidation has shown an impact in the number of children who are working at the expected standard in PE and the accuracy and engagement in team games or sporting events.</p> <p>Running these sessions twice a week in the school day has raised the amount of engagement in sporting clubs for our most vulnerable children. We have seen an increase of 45% of these children accessing the clubs this year, compared to last year. For the vulnerable children who chose not to access these sessions, they have been given 1:1 or small group sessions during the week to close the gap.</p>
<p>Additional after school clubs and targeted sports clubs</p> <p>2x weekly</p>	£2045	£2045	<p>Further develop opportunities for children in Reception-Year 6 to engage in sports outside of school time.</p> <p>A range of clubs to be offered which will include sports and physical activity that children may not be able to engage in within the local area. Increased opportunities for PE/Sport both after school and at lunchtime will give increased opportunities for children to</p>	<p>The school has historically struggled with the attendance levels in sporting clubs after school. There was a low uptake with many being cancelled because there was not enough uptake to run it safely. The funding this year designated to clubs has increased the popularity, but we have noticed that because they are free of charge some parents have booked children on immediately taking the spaces which caused two barriers: firstly, many of the children did not attend and secondly, the ones who did attend, did not choose to be there or participate fully.</p>

			<p>develop their health and fitness and mental health and wellbeing.</p> <p>Clubs, which are free to parents, provide children with opportunities to excel in different sports and provide PP children with the same opportunities as their peers.</p> <p>Children will be provided with opportunities to develop their skills from an early age which will, in turn, allow them to continue to develop their fluency in this area as they progress through school.</p>	<p>With the increased popularity, we will be introducing a small fee next year to ensure that spaces remain for children who really want to attend the sporting club. We will be introducing an additional lunch time club to accommodate the vulnerable children as this has had the greatest impact this year on their sporting progress and engagement.</p>
Swimming Top up inc. lifeguards	£1100 top up + Academy contribution	£1100 top up + Academy contribution	<p>To close the gaps for Years 5 and 6 in swimming ability and confidence with booster lessons due to lockdown. To raise the number of children that can swim 25M.</p> <p>To support the SEND children in boosting their swimming levels and closing the gap to ensure that they can meet or progress towards swimming 25M</p>	<p>All Year 5 and Year 6 children have had another year of swimming lessons to increase the number of children who can confidently swim 25M, use strokes effectively and perform safe self-rescue in water-based situations. They have received lessons from a qualified swimming instructor weekly to develop skills and confidence.</p> <p>To increase the amount of water-based activities to practise these skills, we have also run an inter school swimming gala and deliberately chosen a KS2 water based residential with opportunities such as sailing, kayaking, coastal traversing and paddle boarding so that the children had opportunities to consolidate their water skills.</p> <p>Assessment</p> <p>Year 6</p> <ul style="list-style-type: none"> <li>- I can swim at least 25M confidently and proficiently:</li> <li>- 83%</li> <li>- I can use a range of strokes</li> <li>- 83%</li> <li>- I can perform safe self-rescue in water based situations</li> <li>- 83%</li> </ul> <p>Year 5</p> <ul style="list-style-type: none"> <li>- I can swim at least 25M confidently and proficiently:</li> <li>- 50%</li> <li>- I can use a range of strokes</li> <li>- 50%</li> </ul>

				<ul style="list-style-type: none"> <li>- I can perform safe self-rescue in water based situations</li> <li>- 50%</li> </ul>
Mountain bike coaching for all children across the school	£2392.50	£2392.50	<p>To continue to close the fitness gap created from the pandemic where children had less opportunities to engage in daily sport.</p> <p>To give the children the knowledge and skills to safely engage in community sporting activities.</p> <p>To encourage healthier lifestyle choices and build skills to give them the opportunity to access daily sports reducing the amount of families choosing to drive to school. Promoting to the children ways in which they can explore more of the nature around them in a safe environment whilst also boosting mental health and wellbeing by being active and outdoors.</p> <p>To help build skills such as strength, endurance, balance and coordination which were key skills identified for growth in our children.</p> <p>To help to rebuild and strengthen problem solving skills, and team work in children which was identified as a key area of need in school.</p>	<p>Locally, we have had a bike pump track built in the community. We wanted to put additional resources in to supporting the children to access this and promote a healthier lifestyle. Every child from nursery to Year 6 has had the opportunity this year to have a set of fully coached mountain biking sessions to build their confidence, skills and proficiency on their bikes. We have gained funding for additional bikes and helmets so that all children can access the lessons and close the gap between our most vulnerable children. The impact of this has been seen in the progress the children have made from some learning how to ride a bike without stabilisers to others increasing their pedalling and coordination skills or progressing in the challenge of terrain.</p> <p>Children have completed evaluations, and these have been really positive with 97% of children saying that they have enjoyed the opportunity, 78% saying that they felt they have raised their confidence and 100% saying that they have learnt new knowledge that they did not know before. We have assessed the progress in the children's ability to concentrate on the terrain, learn to adjust their position whilst pedalling, manoeuvre around obstacles and respond quickly in order to remain safe.</p> <p>As well as this, there has been a visual increase in children and parents cycling to school rather than driving. Some of them have travelled up to 5 miles a day and 80% of children told us that they have increased the amount of time they spend on their bikes riding and using the pump track than before.</p> <p>These sessions have increased the amount of sport that the children are doing each week and is helping them to learn healthy habits for the future. You can see from the number of bikes in the bike racks that riding each day has become much more popular and is helping to bridge the gap that was left from the pandemic which reduced the sporting levels in families.</p> <p>Some comments from the pupils:</p>

				<p><i>"I've been biking more around home and we come down to the pump track at weekends and afterschool now with the family"</i></p> <p><i>" I have been practising between sessions because It's been so much fun"</i></p> <p><i>"I've learnt it is ok to fall over or make a mistake because it means I am trying new things and learning new stuff "</i></p> <p><i>"I've learnt to use my brakes"</i></p> <p><i>"I've learnt to use both brakes at the same time I know to steer away from mud and leaves now as they are slippy"</i></p> <p><i>"I've learnt to keep my pedals level so I don't hit the track"</i></p> <p><i>"I wasn't confident standing up and now I am"</i></p> <p>Bikeability had three groups again this year which ran successfully. 94% of the year group cohort participated which showed Increased participation and engagement in cycle skills and confidence, through increased numbers facilitated by the class teacher. This helps to ensure that the increased numbers of children riding now to school can also ride with a high level of road safety awareness.</p>
Equipment	£1218	£1218	<p>New Playtime resources for the play zones and clubs to ensure that children are able to be active.</p> <p>To leave a lasting legacy for PE.</p> <p>To continue to improve pupil's confidence and their physical and emotional wellbeing. To learn new skills and knowledge, which build upon prior learning. To continue to enable children to access high quality equipment and resources to facilitate their learning.</p>	<p>Having the required PE equipment has enabled the children to access the learning and build their knowledge and skills on their foundations with the resources needed.</p>
<b>TOTAL</b>	<b>£18010</b>	<b>£18010</b>		