

# WEEK 1

## Autumn 2023



MONDAY

Pasta Bolognese with  
Garlic Bread

Tomato & Basil Pasta **V**  
with Garlic Bread **V**

Cheese sandwich **V**  
or tuna and  
cucumber wrap

Available daily with a choice of cheese, baked beans or tuna mayonnaise

Arctic  
Roll

TUESDAY

Sausage, mashed  
potato and onion gravy

Garden vegetable  
sausages with mashed  
potatoes, onion gravy  
**V**

Ham and salad  
sandwich or cheese  
and cucumber wrap **V**

Apple crumble  
and custard

WEDNESDAY

Roast pork with roast  
potatoes and seasonal  
vegetables

Roast vegetable  
parcel, roast potatoes  
and seasonal  
vegetables **V**

Egg mayonnaise  
sandwich **V** or ham  
salad wrap

Ice cream

THURSDAY

Chicken curry with  
rice and naan bread

Sweet potato and lentil  
curry with rice and  
nann bread **V**

Tuna mayonnaise  
sandwich or cheese  
and chutney wrap **V**

Chocolate and  
beetroot brownie

FRIDAY

Breaded fish fingers  
with chip and peas or  
baked beans

Breaded Quorn  
nuggets, chips and  
peas or baked beans **V**

Turkey sandwich  
or Humous and salad  
wrap **V**

Jelly and fruit

Salad Selection, Bread, Fresh Fruit and Yoghurts available daily

MAIN  
MEAL

VEGETARIAN  
OPTION

SANDWICHES  
& WRAPS

JACKET  
POTATOES

DESSERT



**V** = Vegan **V** = Vegetarian

